

3 signs you are a good driver

What does it take to be a good driver? Skill, natural ability and good training will help get you there. Caution, careful observance of traffic laws and company policies, and a good attitude are also vital aspects of good driving. You know you're a good driver when:

- You don't have any accidents.
- You don't commit any traffic violations. You drive within the speed limit and observe other rules of the road in the city and on the highway.
- You adjust your driving speed to match road conditions. Poor visibility, traffic congestion and slippery road surfaces are your cues to slow down.

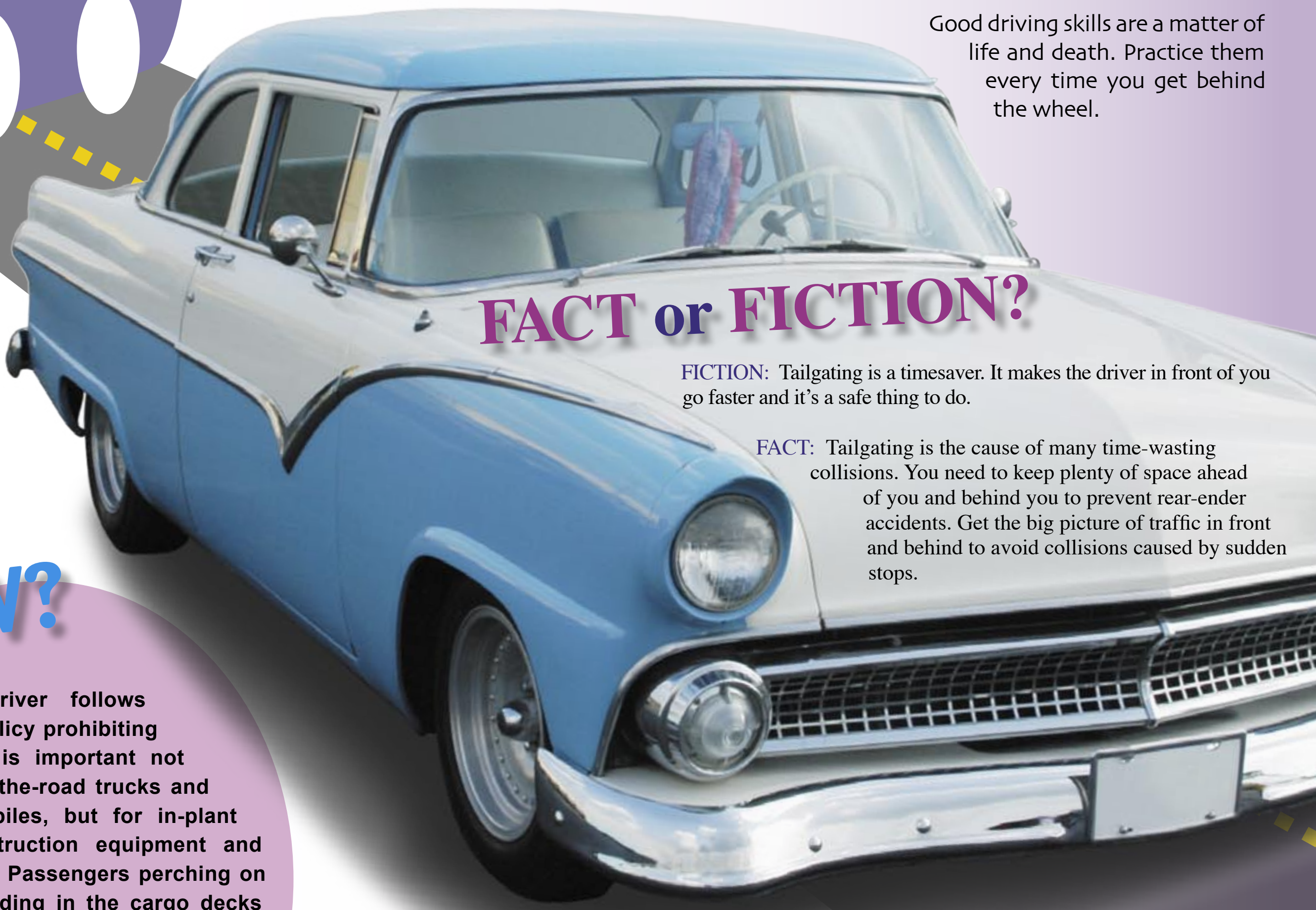
Diligent Driving

Motor vehicle accidents are a leading cause of workplace fatalities. To avoid becoming a statistic, follow these tips for safe driving:

- Your vehicle must be in good mechanical condition before you set out.
- Don't rush your start when the light turns green and don't speed through a caution light. When you approach an intersection where the light has been green for some time, expect it to change.

- Wear your seat belt at all times. Don't just use it for long highway trips.
- Take care of distracting activities such as tuning the radio, pouring a cup of coffee or talking on a phone, before you drive away.
- Never get into a conflict with another driver. Let the other vehicle pass, turn and change lanes.
- Always expect other drivers to do the unexpected. Be prepared for them to run red lights, pass when unsafe, swerve into your lane or slam on the brakes. Continually update your "emergency plan" in case the other driver makes a wrong move.

Good driving skills are a matter of life and death. Practice them every time you get behind the wheel.



FACT or FICTION?

FICTION: Tailgating is a timesaver. It makes the driver in front of you go faster and it's a safe thing to do.

FACT: Tailgating is the cause of many time-wasting collisions. You need to keep plenty of space ahead of you and behind you to prevent rear-end accidents. Get the big picture of traffic in front and behind to avoid collisions caused by sudden stops.

DID YOU KNOW?

A good driver follows company policy prohibiting riders. This is important not only for over-the-road trucks and sales automobiles, but for in-plant vehicles, construction equipment and farm machinery. Passengers perching on equipment or riding in the cargo decks can be thrown from the vehicle and run over, or crushed in a rollover accident. Picking up a hitchhiker along a road can introduce a violent stranger into your vehicle.

You're ready to drive when:

- You report to work well-rested and ready to give all of your attention to driving safely. You get enough sleep and you look after your health.
- You don't use alcohol or drugs before working, while working or during your breaks. You are aware of the deadly consequences of driving while under the influence of alcohol or drugs, and you always abstain when you have to drive.